

Only On My Memory

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Description : 32 temps, 2 murs, Novice, Mars 2018

Musique : Gentle On My Mind by The Band Perry



S1: SIDE, TOGETHER, SHUFFLE, SIDE TOGETHER SHUFFLE

- 1 – Step with right foot to the side
- 2 – Left foot next to the right
- 3 – Forward step with right foot
- & – Left foot next to the right
- 4 – Step forward with right foot
- 5 – Step with left foot to the side
- 6 – Right foot next to the left
- 7 – Step behind with left foot
- & – Right foot next to the left
- 8 – Step behind with left foot

S2: ROCK, KICK BALL STEP, STEP, STEP, KICK BALL STEP

- 1 – Rock behind with right foot
- 2 – Recover weight on left foot
- 3 – Kick forward with right foot
- & – Right foot next to the left
- 4 – Step forward with left foot
- 5 – Step forward with right foot
- 6 – Step forward with left foot
- 7 – Kick forward with right foot
- & – Right foot next to the left
- 8 – Step forward with left foot

S3: ROCK, CROSS SHUFFLE, ROCK, CROSS SHUFFLE

- 1 – Rock with right foot to the side
- 2 – recover weight in left foot
- 3 – Cross right over left
- & – Step with left foot to the side
- 4 – Cross right over left
- 5 – Rock with left foot to the side
- 6 – Regain weight in right foot
- 7 – Cross left over right
- & – Step with right foot to the side
- 8 – Cross left over right

S4: SWAY, SWAY, CHASSE ¼, STEP, TURN ¼ , CROSS SUFFLE

- 1 – Step with right foot to the side swinging the hips to the right
- 2 – Balancing the hips to the left
- 3 – Step with right foot to the side
- & – Left foot next to the right
- 4 – Step forward with right foot turning ¼ turn to the right
- 5 – Step forward with left foot
- 6 – Turn ¼ turn to the right
- 7 – Cross left over right
- & – Step with right foot to the side
- 8 – Cross left over right

REPEAT

TAG: At the end of the 2nd, 4th, 6th and 8th – we will do the following:....

- 1 – Rock with right foot to the side
- 2 – recover weight in left foot
- 3 – Cross right over left
- & – Step with left foot to the side
- 4 – Cross right over left
- 5 – Rock with left foot to the side
- 6 – Regain weight in right foot
- 7 – Cross left over right
- & – Step with right foot to the side
- 8 – Cross left over right

FINAL: Make the first 20 counts and step left with the left foot

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